

# Banana Bread Energy Bites

**Makes 16 bites**



## Ingredients:

2 cups old fashioned oats  
½ cup mashed banana  
½ cup almonds  
½ cup pecans  
⅓ cup maple syrup  
1 teaspoon ground cinnamon  
¼ teaspoon vanilla extract  
¼ teaspoon salt

## Steps:

### Step 1:

Add all the ingredients to a food processor and pulse the mixture for 10 seconds. Scrape down the sides, then blend again until the mixture is fairly smooth, with a slight bit of texture. The dough will likely start to roll around the food processor when it is blended enough.

### Step 2:

Scoop a ball using a medium cookie scoop and roll it in between your hands. Then place it on a parchment lined plate or baking tray. Continue this process until you've used up all the dough.

### Step 3:

Chill the balls for 30 minutes to firm up, then enjoy!